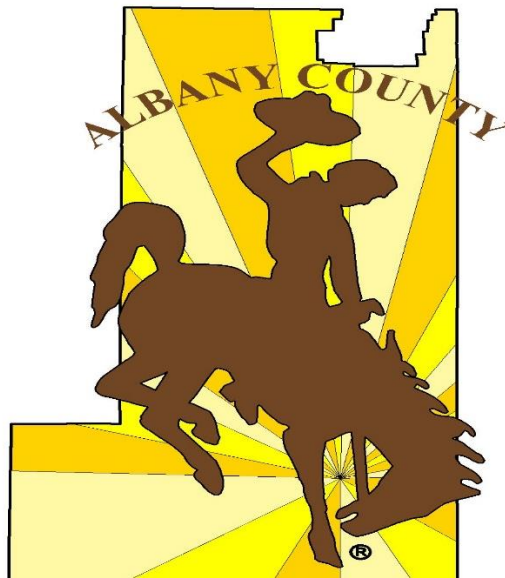


ALBANY COUNTY

Court Supervised Treatment Program



PARTICIPANT HANDBOOK

Please note that this handbook is a living document and is subject to change at any time.

Introduction

The Albany County Court Supervised Treatment Program (Drug Court) is a Substance-Use Disorder program, which includes treatment paired with supervised probation. The Program is for individuals struggling with substance use issues and is an alternative to jail.

Program Team

The program team consists of the following: The Court Supervised Treatment Judge, Director of Specialty Courts, Case Manager, Deputy County Attorney, Treatment Provider, Probation Agent, Peer Specialist, Defense Attorney, and Deputy from the Sheriff's Office.

Program Entrance Requirements

- 18 or older and a resident of Albany County
- Be charged with a current substance related offense or an offense in which substance abuse is determined to have been a factor
- Complete application packet
- Meet with Program Team Members for intake interview
- Meet with Foundations Treatment for substance use abuse evaluation

Program Requirements

- Being respectful and cooperative with Treatment, Probation, Case Manager, and Peer Specialist
- Be willing to address moderate and high risk need areas identified through evidence-based assessment tools
- Court attendance Thursdays at 3:30 pm in the Albany County Circuit Court
- Submit to frequent substance testing (urine, saliva, and/or breath)
- Minimum of 30 hours per week of work or school with verification at least monthly
- Comply with individualized case planning
- Comply with phase requirements (curfew, approved visitors, weekly schedules, community service, etc.)
- Participation in a sober network (AA, NA, Smart Recovery)
- Payment of court fines/fees
- Monthly \$75 program fee
- Attend mandatory CST events as directed
- Comply with all other requirements not listed above

Court Dress Code

- Participants must be dressed appropriately for court (no jeans with holes, t-shirts, flip-flops, etc.)
- Appropriate dress examples include collared shirt, blouse, pants or skirt in good repair, and shoes
- If you need help finding appropriate clothes for court, please see your case manager or peer specialist.

Completion of the Program

- Upon completion, participant will receive a certificate showing successful completion.
- Failure to complete the program will result in the participant returning to their originating court for possible imposition of underlying sentence.

Program Compliance

- Positive progress can result in individualized incentives
 - **Incentives** may include, but are not limited to verbal praise from the Judge, recognition in court, extended privileges, special requests, and gift cards.
- Failure to meet program requirements will result in individualized sanctions
 - **Sanctions** may include, but are not limited to written assignments, increased court appearances, community service, re-imposition of a schedule, electronic monitoring (paid for by participant), and jail time.

Introduction Phase

- First week of program
- Identify or obtain stable housing
- All enrollment paper reviewed and signed with the Case Manager and/or Program Director
- Meet with Judge, Treatment, Probation, Case Manager, and Peer Specialist
- Begin search for employment, community service, or schooling (if needed)
- Obtain background paperwork for approved visitors
- No special requests
- Begin substance testing

Phase 1

- Court every Thursday
- Minimum of 9 weeks (*based on progress with supervision and treatment*)
- IOP with Foundations (*3 three-hour groups and 1 hour of individual treatment*)
- Meet with Case Manager as directed
- Meet with Probation Agent as directed
- Submit weekly schedules
- 30+ hours of work/school/community service with verification provided
- Begin payment of court fines or payment agreement for fines/fees
- Random and frequent substance testing
- Random home visits
- Curfew 9:00pm – 6:00am
- Minimum 1 sober network meeting per week
- Attend mandatory CST events if directed
- 14 days sobriety before applying to Phase 2
- Monthly \$75 program fee – first month waived

Phase 2

- Court every Thursday until released by Judge to 1st and 3rd Thursdays only
- Minimum of 9 weeks (*based on progress with supervision and treatment*)
- Individualized treatment with Foundations
- Meet with Case Manager as directed
- Meet with Probation Agent as directed
- 30+ hours of work/school/community service with verification provided
- Continued payment of court fines
- Random and frequent substance testing
- Random home visits
- Curfew 10:00pm – 6:00am
- Minimum 1 sober network meeting per week
- Attend mandatory CST events if directed
- 30 days sobriety before applying to Phase 3
- Monthly \$75 program fee

Phase 3

- Court on the 2nd Thursday of every month
- Minimum of 9 weeks (*based on progress with supervision and treatment*)
- Individualized treatment with Foundations
- Meet with Case Manager as directed
- Meet with Probation Agent as directed
- 30+ hours of work/school/community service with verification provided
- Continued payment of court fines
- Random and frequent substance testing
- Random home visits
- Curfew 11:00pm – 6:00am
- Choice of
 - 1 sober network meeting per week and 20 hours of volunteering/skill-building throughout phase
 - 2 sober network meetings per week and 15 hours of volunteering/skill-building throughout phase
- Attend mandatory CST events if directed
- 45 days sobriety before applying to Phase 4
- Monthly \$75 program fee

Phase 4

- Court on the 4th Thursday of every month
- Minimum of 9 weeks (*based on progress with supervision and treatment*)
- Individualized treatment with Foundations
- Meet with Case Manager as directed
- Meet with Probation Agent as directed
- 30+ hours of work/school/community service with verification provided
- Continued payment of court fines
- Random and frequent substance testing
- Random home visits
- Curfew 12:00am – 6:00am
- Choice of
 - 1 sober network meeting per week and 20 hours of volunteering/skill-building throughout phase
 - 2 sober network meetings per week and 15 hours of volunteering/skill-building throughout phase
- Attend mandatory CST events if directed
- 60 days sobriety before applying for Phase 5
- Monthly \$75 program fee

Phase 5

- Court attendance optional
- Minimum of 16 weeks (*based on progress with supervision and treatment*)
- Minimum 1 monthly group with Foundations
- Meet with CST Team Members as directed
- 30+ hours of work/school/community service with verification provided
- Continued payment of court fines
- Random and frequent substance testing
- Random home visits
- No curfew
- Maintaining sober network recommended
- No special request form required unless ordered by probation
- CST events optional
- 120 days sobriety before applying for commencement
- Monthly \$75 program fee – last month waived

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